

Further Integration Methods (STEP) (8 pages; 20/6/24)

See also: "Integration Methods".

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(A) Substitutions

(1) The standard substitution method is to write an integral in the form $\int f(x)h(g(x)) dx$, where $\int f(x)dx = g(x)$, and then the substitution $u = g(x)$ will work, provided that $h(u)$ can be integrated.

In some cases it may be easier to spot a derivative, rather than an integral.

Consider $I = \int \sec x(\sec x + \tan x)^n dx$ for example.

$\int \sec x dx = \ln |\sec x + \tan x|$, which isn't of any use (ie the rest of the integrand $[(\sec x + \tan x)^n]$ isn't a function of $\ln |\sec x + \tan x|$ that can be integrated easily).

But if a substitution is to work, it will be $u = \sec x + \tan x$,

and $\frac{d}{dx}(\sec x + \tan x) = \sec x \tan x + \sec^2 x$

Fortunately I can be rearranged to give

$\int (\sec x + \tan x)^{n-1}(\sec^2 x + \sec x \tan x) dx$,

and making the substitution $u = \sec x + \tan x$ then gives

$$I = \frac{1}{n}(\sec x + \tan x)^n (+c)$$

(2) $u = 1/x$ is a potentially useful substitution

Example 1: $I = \int \frac{1}{x\sqrt{1-x^2}} dx$

Let $u = 1/x$ so that $du = -1/x^2 dx$ and $dx = -x^2 du$,

so that $I = -\int \frac{ux^2}{\sqrt{1-\frac{1}{u^2}}} du = -\int \frac{u^2 x^2}{\sqrt{u^2-1}} du$

$$= -\int \frac{1}{\sqrt{u^2-1}} du = -\operatorname{arcosh} u = -\operatorname{arcosh}(1/x)$$

Example 2: Consider $I = \int \frac{1}{(a^2+x^2)^r} dx$

Let $t = \frac{a}{x}$, so that $dt = -\frac{a}{x^2} dx$

and $I = \int \frac{-\left(\frac{a}{t}\right)^2/a}{(a^2+(\frac{a}{t})^2)^r} dt = -a^{1-2r} \int \frac{t^{2r-2}}{(t^2+1)^r} dt$

If $r = \frac{3}{2}$, then $I = a^{-2} \int \frac{t}{(t^2+1)^{\frac{3}{2}}} dt$,

and we can then make the substitution $u = t^2$ (as $\int t dt = \frac{1}{2}t^2$,

and $\frac{1}{(t^2+1)^{\frac{3}{2}}}$ is an integrable function of t^2).

(3) Miscellaneous substitutions

(3.1) Example: $I = \int \frac{1}{x(a+bx^n)} dx$

Let $\frac{1}{z} = x^n$, so that $-\frac{1}{z^2} dz = nx^{n-1} dx$

Then $I = \int \frac{x^{n-1}}{x^n(a+bx^n)} dx = \int \frac{\left(-\frac{1}{nz^2}\right)}{\left(\frac{1}{z}\right)\left(a+\frac{b}{z}\right)} dz$

$$= -\frac{1}{n} \int \frac{1}{az+b} dz$$

(3.2) Example: $I = \int \frac{1}{x\sqrt{a+bx^n}} dx$

Let $\frac{1}{z^2} = x^n$, so that $-\frac{2}{z^3} dz = nx^{n-1} dx$

Then $I = \int \frac{x^{n-1}}{x^n \sqrt{a+bx^n}} dx$

$$= \int \frac{\left(-\frac{2}{nz^3}\right)}{\left(\frac{1}{z^2}\right) \sqrt{a+\frac{b}{z^2}}} dz$$

$$= -\frac{2}{n} \int \frac{1}{\sqrt{az^2+b}} dz$$

(3.3) Example: $I = \int \frac{x^n}{\sqrt{a+bx}} dx$

Let $a + bx = z^2$, so that $b dx = 2z dz$

Then $I = \int \frac{(z^2-a)^n}{b^n z} \cdot \frac{2z}{b} dz$

$$= \frac{2}{b^{n+1}} \int (z^2 - a)^n dz$$

(4) Pitfalls with substitutions

(4.1) $u = 1/x$ won't be valid for $x = 0$, but it can be applied in the

case of $\int_0^2 \frac{1}{(1+x^2)^{\frac{3}{2}}} dx$, for example, by considering

$$\lim_{c \rightarrow 0^+} \int_c^2 \frac{1}{(1+x^2)^{\frac{3}{2}}} dx$$

(4.2) Consider $I = \int_{-2}^{-1} \frac{1}{(1+x^2)^{\frac{3}{2}}} dx$

With $x = \frac{1}{t}$, $dx = -\frac{1}{t^2} dt$,

$$I = \int_{-2}^{-1} \frac{-\frac{1}{t^2}}{\left(1 + \frac{1}{t^2}\right)^{\frac{3}{2}}} dt$$

But now note that, for the domain of this integral, $t < 0$,

so that we cannot rewrite $t^3 \left(1 + \frac{1}{t^2}\right)^{\frac{3}{2}}$ as $(t^2 + 1)^{\frac{3}{2}}$, because $(t^2 + 1)^{\frac{3}{2}} > 0$, whereas $t^3 \left(1 + \frac{1}{t^2}\right)^{\frac{3}{2}} < 0$ ($t^3 = t^{2 \times \frac{3}{2}}$, but this doesn't equal $(t^2)^{\frac{3}{2}}$ if $t < 0$; in general, $t^{ab} = (t^a)^b$ is not valid for $t < 0$ unless both a & b are integers).

However, we can make the substitution $x = -\frac{1}{t}$ instead.

(4.3) Consider $I = \int_{-1}^1 \frac{t}{(t^2+1)^{\frac{3}{2}}} dt$

The integrand is an odd function, and so I must equal zero. (See below: "Even and Odd functions".)

Writing $u = t^2$, $du = 2t dt$ gives $I = -\int_{\frac{1}{4}}^{\frac{1}{4}} \frac{\left(\frac{1}{2}\right)}{(u+1)^{\frac{3}{2}}} du = 0$, as expected; however, the substitution isn't valid for $t < 0$, as t^2 then doesn't increase as t increases.

(5) Substitutions in definite integrals

Look for a substitution that reverses the limits (and then take advantage of the fact that $\int_a^b f(x)dx = -\int_b^a f(x)dx$).

(i) $\int_0^\infty f(x)dx$: When $u = \frac{1}{x}$, $\int_0^\infty \rightarrow \int_\infty^0$ [though in practice we would need to consider $\lim_{c \rightarrow 0^+ \text{ \& } d \rightarrow \infty} \int_c^d f(x) dx$, as $u = \frac{1}{x}$ is undefined at $x = 0$ and the d is needed to cope with the improper integral.]

(ii) $\int_0^a f(x)dx$: When $u = a - x$, $\int_0^a \rightarrow \int_a^0$

(6) Alternative substitutions

$\sec\theta$ can often be used instead of $\cosh x$, and $\tan\theta$ instead of $\sinh x$.

(7) $t = \tan\left(\frac{x}{2}\right)$ substitution

The substitution $t = \tan\left(\frac{x}{2}\right)$ is usually a method of last resort: it can convert an integrand involving trig. functions to one involving polynomial expressions.

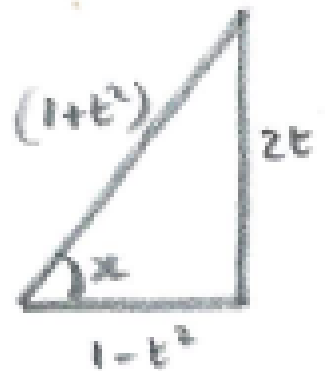
$$t = \tan\left(\frac{x}{2}\right) \Rightarrow \tan x = \frac{2t}{1-t^2}$$

Referring to the right-angled triangle shown,

$$\text{the hypotenuse} = \sqrt{(1-t^2)^2 + 4t^2}$$

$$= \sqrt{1 + 2t^2 + t^4} = 1+t^2 \text{ (conveniently)}$$

$$\frac{dt}{dx} = \sec^2\left(\frac{x}{2}\right) \cdot \frac{1}{2}, \text{ so that } \frac{dx}{dt} = \frac{2}{\sec^2\left(\frac{x}{2}\right)} = \frac{2}{1+t^2}$$



Example: $\int \sec x \, dx = \int \frac{1+t^2}{1-t^2} \cdot \frac{2}{1+t^2} \, dt = 2 \int \frac{1}{1-t^2} \, dt$

$$= \int \frac{1}{1-t} + \frac{1}{1+t} \, dt = -\ln|1-t| + \ln|1+t| = \ln\left|\frac{1+t}{1-t}\right| = \ln\left|\frac{1+2t+t^2}{1-t^2}\right|$$

$$= \ln\left|\frac{1+t^2}{1-t^2} + \frac{2t}{1-t^2}\right| = \ln|\sec x + \tan x|$$

(B) Rearrangements

(1) It might be possible to rearrange an integrand into the form

$f(x)g'(x) + f'(x)g(x) + h(x)$, where $h(x)$ can be integrated easily, in which case $\int f(x)g'(x) + f'(x)g(x) dx = f(x)g(x)$ [from the product rule for differentiation, or integration by parts]

Example: $\int 2\sqrt{1+x^3} + \frac{3x^3}{\sqrt{1+x^3}} dx$

$$\int 2\sqrt{1+x^3} dx = 2x\sqrt{1+x^3} - \int 2x \cdot \frac{\frac{1}{2}(3x^2)}{\sqrt{1+x^3}} dx \quad (\text{by Parts}),$$

$$\text{so that } \int 2\sqrt{1+x^3} + \frac{3x^3}{\sqrt{1+x^3}} dx = 2x\sqrt{1+x^3} + c$$

(2) Inequalities of the form $\int_a^\lambda f(x)dx > g(\lambda)$ can sometimes be proved by rewriting $g(\lambda)$ as $\int_a^\lambda h(x)dx$ (by differentiating $g(x)$ to obtain $h(x)$, if $g(a) = 0$) and then showing that

$\int_a^\lambda f(x) - h(x) dx > 0$, by rearranging $f(x) - h(x)$ into an expression that is positive for $a < x < \lambda$

$$(3) \int \sin(mx) \cos(nx) dx = \frac{1}{2} \int \sin(m+n)x + \sin(m-n)x dx$$

(C) Miscellaneous

(1) Even and odd functions

[An even function $f(x)$ is such that $f(-x) = f(x)$; an odd function is such that $f(-x) = -f(x)$.]

$$\text{As } \frac{1}{(1+x^2)^{\frac{3}{2}}} \text{ is an even function, } \int_{-2}^2 \frac{1}{(1+x^2)^{\frac{3}{2}}} dx = 2 \int_0^2 \frac{1}{(1+x^2)^{\frac{3}{2}}} dx$$

$$\text{As } \frac{x}{(1+x^2)^{\frac{3}{2}}} \text{ is an odd function, } \int_{-2}^2 \frac{x}{(1+x^2)^{\frac{3}{2}}} dx = 0 \text{ (if the area under}$$

the curve to the right of the y -axis is A , then the area to the left of

the y -axis is $-A$).

(2) Questions that can be written in the form "Show that

$\int_a^b f(x)dx = g(b) - c$ " may be tackled by establishing that

$\frac{d}{dx}g(x) = f(x)$ and that $g(a) = c$ (where typically a might equal 0).

(3) To find $\int f(x)dx = g(x)$, it might be the case that $g(x)$ appears in a previous part of a question. Differentiate $g(x)$ to see if this is the case. [See STEP 2016, P2, Q7(iv)]

(4) When manipulating an inequality involving an integral, it may be possible to simplify the integrand, as shown in the following example:

$$\int_0^\lambda (\sec x \cos \lambda + \tan x)^n dx < \int_0^\lambda (\sec x \cos x + \tan x)^n dx,$$

as $x < \lambda \Rightarrow \cos x > \cos \lambda$ (given that $0 < \lambda < \frac{\pi}{2}$),

$$= \int_0^\lambda (1 + \tan x)^n dx$$

[See STEP 2021, P3, Q3]

$$(5) \int_{-a}^a f(-x) dx = \int_{-a}^a f(x) dx$$

Proof

Let $u = -x$, so that $du = -dx$, and

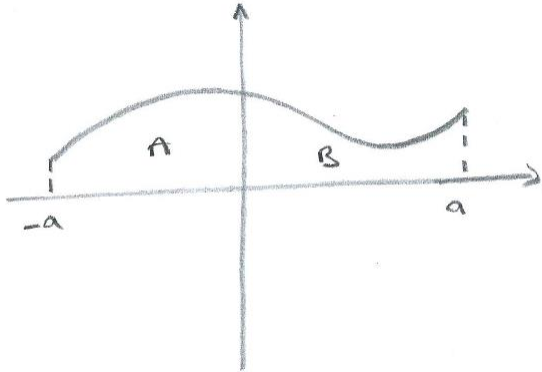
$$\int_{-a}^a f(-x) dx = \int_a^{-a} f(u)(-du) = \int_{-a}^a f(u) du = \int_{-a}^a f(x) dx$$

[Alternatively, considering the integral as an area under a curve, note that $f(-x)$ is the reflection of $f(x)$ about the y -axis, so that

$$\int_{-a}^0 f(-x) dx = B = \int_0^a f(x) dx \quad (\text{referring to the diagram below})$$

$$\text{and } \int_0^a f(-x) dx = A = \int_{-a}^0 f(x) dx,$$

$$\text{so that } \int_{-a}^a f(-x) dx = B + A = A + B = \int_{-a}^a f(x) dx$$



$$(6) \int_0^a f(a-x) dx = \int_0^a f(x) dx$$

Proof

Let $u = a - x$, so that $du = -dx$ and

$$\int_0^a f(a-x) dx = \int_a^0 f(u) (-du) = \int_0^a f(u) du = \int_0^a f(x) dx$$

[Note that $f(a-x)$ is the reflection of $f(x)$ about $x = \frac{a}{2}$.]

(7) To find $\int \operatorname{cosech}^2 x dx$, note that $\frac{d}{dx}(\tanh x) = \operatorname{sech}^2 x$ and establish that $\frac{d}{dx}(\operatorname{coth} x) = -\operatorname{cosech}^2 x$